



North Devon Riding Club

August 2007

NEWSLETTER

NEED TO CONTACT THE COMMITTEE?

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Chairperson	Lucy House	01271 850522 West Park, Arlington, Barnstaple, EX31 4SN, Email jhcommercials@btinternet.com
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	Laura Middleton	Hillside, Nutcombe Hill, Combe Martin, North Devon, EX34 0PQ

Welcome to the August 2007 issue of the North Devon Riding Club Newsletter.

Wanted, Big Yellow thing in sky, goes under the name of Sun. If you see it, let it know it's almost August and it's no time to go on holiday!!! Well it has been a wet one hasn't it, in May we were praying for a few Spring showers to convert our cracked baron lands into Lush pastures. But we only wanted a few, now I am beginning to think about growing rice in my paddock!!!!!!!!!!!!!!

This time last year we were riding at dawn or late evening in order to avoid the midday sun, now if you blink you miss it. Rest assured the good weather will be upon us once more & we will have the traditional hose pipe bans before we know it.

The poor weather and visibility only increases our need to stay safe – Be Seen!! Although not the most attractive item of clothing and I must say that Gucci don't seem to have one in their collection but wear your Hi Visibility clothing at all times. It is always better to be safe than sorry. The day you don't wear it will be when you wish you had.

Why not swat up on your Stable management skills on those wet nights or even attend our First aid for Horses seminar coming up this Autumn.

Practice your dressage tests in the lounge, or simply improve your fitness and posture with a local Pilates class, belly dancing is also fantastic for horse riders as it frees up each hip and teaches you to move each one separately – ideal for accurate riding. Get connected with your horses, if it's safe to do so in their stable practice moving their feet to where you want them to be, good ground skills make great ridden aids.

Find out what's happening in your local area or visit the North Devon Riding club website to keep you up to date with events coming up in order to avoid those dreary days and Sunshine withdrawal symptoms.

Happy Hacking!!!
Regards
Amanda-Jayne
NDRC Editor

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NEWS

Firstly a **Big Congratulations** to Anita Lawson who is to be married this August, we wish you and your Husband every happiness for the future, and the best of luck with that Vodka.

Our Summer Show at Arlington was extremely popular this year. It was on one of those days once known as Sunny which helped keep everyone's spirits up and stress levels down

We were fortunate enough not to need Devon Air Ambulance at our Summer Show; some of the local shows have not been as lucky and have required the assistance of the Air Ambulance. In the unlikely event of the Air Ambulance being required at our Competitions we would ask all riders to dismount and not to remount until they have been advised that it is safe to do so. The safety of our members is our utmost concern.

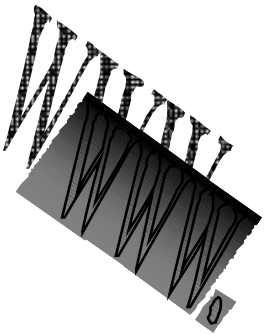
Our Dressage Competition ran smoothly on 1st April. Congratulations to Angela Moore, Ana Chylak and Laura Middleton for winning the Dressage Competition's.

Our Summer Dressage show was not such a success and was called off due to poor conditions. We had so much rain the ground would have been churned up causing damage to the grounds, vehicles to get stuck or worse still accidents.

The Dressage has been rescheduled for 16th September 2007 giving you lots more time to practice those fancy moves, or just get your horses in a straight line. The closing date for entries is 9th September.



Coming soon our new Web site!!!



Once again a big Thank you to Howdens Joinery for their kind donation, this has enabled us to fund the new site and ensure that you have up to date information on the Riding Club at a click of a button.

You will be able to view past and present newsletters, see result as they are released, download entry forms or directions for local competitions, view the market place in order to buy or sell items as you wish or simply look at photos of recent events.

Drop in and have a look at www.northdevonridingclub.co.uk.

If you have any photos of yourselves at an event or have items that you would like to sell or want to get hold of then contact Amanda-Jayne Brown (NDRC Secretary & Editor) who will be happy to help.



Adult Horse/ Pony Camp is to take place in the spring of next year in order to have more people in attendance. So for all of those who missed out or even dream after those Pony Camp days long ago this is the one for you.



Weather permitting a **Summer Party** will take place at Lucy's house on the evening of Friday 17th August 2007 which we hope you will make a note of in your diaries this is for friends and family of the North Devon Riding Club, so this should be a fun filled night of Frolics. Why not bring a game; there will be a treasure Hunt, Bouncy Castle, Traditional Party Games and BBQ.

Tickets are available from Lucy for £3.00 for unlimited food, Bring a bottle. Ticket Sale closes 10th August 2007.

HOOF IT FOR HORSES

Saturday 22nd Sept – Pleasure Ride at Arlington
“Hunt the clues and get a prize or simply enjoy a pleasure ride”

We are planning a pleasure ride at Arlington and all proceeds will be going to The ILPH for the Hoof It For Horses Fund Raiser.

The ride will be open to members and non members so bring along as many family and friends as you can and help us raise some money to send to The International League for the Protection of Horses. More details about the work that the ILPH do can be found on their website - www.ilph.org.

You will be able to ride in a small group with your friends following detailed directions to sample the many bridleways around Arlington and Shirwell. All children under 16 must be accompanied by an adult.

Please come along and support us – it is for a very good cause.

Out and About

POLO

“Has anyone else ever fancied trying POLO? AJ and I were invited to an open day at the West Somerset Polo Club on a lovely sunny Sunday in May. There were about 12 of us in all and we were split into 3 groups. Firstly we were given an outline of the rules of the game and an explanation of the terms and jargon that we might hear. We then went to stand on chairs at the edge of the ground and were taught how to hold the mallet and to hit the ball. Once we had got the hang of that we were given some of their schoolmaster ponies so that we could try and do the same thing on horseback, not too difficult at walk, rather more difficult at canter!!!!



We were also invited to stay for a lunchtime BBQ and then after lunch the members played chukkas so that we could see how it should be done.

We had a really interesting day and the club members were very welcoming and keen to encourage new members. They play on Wednesdays, Saturday and Sundays through the summer and they are very keen to invite spectators to come and watch and learn more about the game.

If you want any details about the Polo club please call me. I am planning to go on a 3 day course to learn more about the game so if you think it might be a sport you would like to try then give me a call.”

Sharon Ward

AGM

Why not pop down for a drink and a bite to eat (Carmen’s wonderful food will be present as always) at our AGM. It is a great opportunity to put a face to a name from our committee or simply meet fellow members.

If you have an opinion why not get it heard? Maybe there is something you would like to do or see more (or less of). It’s your riding club so get involved the more you put in the more you will get out – Guaranteed!

This year’s AGM will be held at Bratton Fleming Sports Club on Monday 29th October 2007, all Members present will be put into a draw to win free membership for the year.

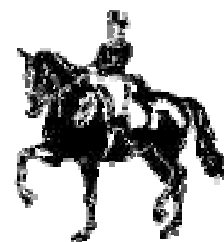
Lessons

- Helen Sissons – Lessons Commence again in September at North Devon Equestrian Centre. Helen is a British Dressage Accredited Trainer. Call Sarah Jeffries on 01271 850864 for further details £25 for ¾ hour (inclusive of £10 Discount)
- Lessons have been booked throughout this winter at the Calvert Trust on November 18th, January 13th and 20th; February dates are still to be confirmed.

Competitions

Dressage

14th October 2007 Dressage Competition to be held at the Calvert Trust. As they are opening the larger Car Park this will enable parking to be a lot easier and allows more vehicles to attend competitions. Warm up arena outside and Competition to be held within indoor arena. Walk Trot 1; Prelim 13 & 18; Novice 21.



The Calvert Trust will only be available to use for the show if building works have been completed. Schedules are available nearer the time from Sarah Wilson with a Stamped, addressed envelope.

XMAS Show is to take place on 2nd December 2007, more details in the November newsletter.

Training

Combined Training

Sally Watts is holding combined training at Spreacombe on Sunday 5th & 19th August.



Dressage in the morning – Walk Trot Test, Prelim 10, Novice 21.

Followed by Jumping in the afternoon from trotting poles, cross poles to clear round jumping.

Deadline for entry into the 5th August competition is 30th July 2007, and 13th August for entry into the 19th August. You will need to ring for times on the previous Monday once you have entered.

For further details call Sally Watts on 01271 870102.

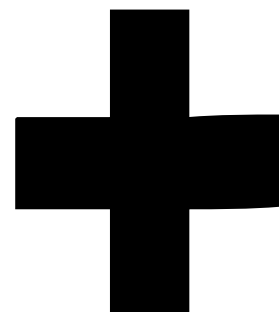
First aid for Horses

Ever wondered what to do in case of an Emergency?

Would you know what to do at the scene of an accident for horse or rider?

Put panic aside and attend our first aid for horses seminar, when every moment counts make sure each one matters. Act calmly and as quickly as possible as you only get one chance to get it right first time.

The First Aid for Horses seminar will be held on 12th November 2007, the demo will be presented by Jonathan & Caroline from Mullacott Veterinary Hospital, Devon & Somerset Fire and Rescue services. £5 non members, £3 members. Contact A-J on 01271 882722 for more information.





Question and Answers

None of our members have yet come up with a question to be answered, does this mean nothing stumps us or is everyone terrified to put their hand up first?

Contact Amanda-Jayne Brown with your questions by letter or email at Amanda-jayne.brown@virgin.net

Our Experts include Jane Horseman an animal healer and behaviourist, who is qualified and insured in Equine Shiatsu, Jonathan Cranston who is a Veterinary Surgeon at Mullacott Veterinary Hospital, as well as leading Instructors and Nutritionists.

Adverts

The Combe Directory
 Ilfracombe Combe Martin Woolacombe

We are a Local Business Directory which is hand delivered every month to the Residents of Ilfracombe, Combe Martin & Woolacombe if you are interested in advertising your business in this area call

0845 838 1472

or E-mail us advertising@combedirectory.co.uk

Clear round jumping coming soon at Sally Watts in Spreacombe from 4pm onwards.

All levels invited from starting poles on the ground to advanced fillers.

Contact Sally Watts on 01271 870102



HORSEPOWER

EQUINE SPORTS MASSAGE

"for suppleness, mobility and performance"

Helen Tompkins

01598 710513 or 07970 619906

Member of the Equine Sports Massage Association
Dip. ITEC (Equine), Dip. IHHHT, HND (Equine)

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Agricultural & Groundwork Contractors

Fencing - Horse Ménages

Hay - Straw - Haylage

For more information contact Richard Barrow
on 01271 882006 / 07831 833291



Angels Beauty Studio

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Luxury Facials, Pedicures, Manicures, Waxing
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Bali Sun Airbrush Bronzing, Gel Nails,
Pamper Packages & Bridal Makeovers
Professional Skincare & Makeup
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Please contact Karen Warden
01271 830309 or 07870 171901

ACORN SADDLERY

**76 South Street, South Molton,
Devon, EX36 4AG
Tel/Fax: 01769 573847 /572790**

“Repairs to all Saddlery on the premises by Master Saddler

Saddle fitting service – (either we come to you or you come to our arena)

Hunting accessories made in the workshop to include, conicle flasks; sandwich boxes; hound couples and our ever-popular “Quick Drinker” flask to hold hot/cold drinks etc

Your needs are covered for the showing season for Horse and Rider. Pop in and see our friendly staff who are there to assist you! “



Equine Recovery

Facilities for injured or unfit horses

- Stables
 - Horse Walker
 - Round Pen
 - 60 X 23 Arena
 - Organic pasture
 - Special diet for schooling if required
 - Magnatherepy and massage available on site
 - Experienced, qualified and Insured
 - Close to equine hospital and equine swimming pool
 - Reasonable terms from hourly rates to full livery
 - Happy to work with vets and Insurance companies to get your horse back to work
- Talk to Sally Watts on 01271 870102

NORTH DEVON RIDING CLUB PIN UP PAGE

DATE	EVENT	BOOK WITH / ENTRIES TO	CONTACT NUMBER	DEADLINE
AUGUST				
SUN 5 TH	COMBINED TRAINING , SPREACOMBE, WALK TROT TEST, PRELIM 10, NOVICE 21, JUMPING IN THE AFTERNOON	SALLY WATTS, RING FOR TIMES 30 TH JULY	01271 870102	30 TH JULY
11 TH /12 TH	JO BUCK FLATWORK LESSON AT HUCKHAM FARM, ARLINGTON	SUE HILL	01271 850301	4 TH AUG
FRI 17 TH	PARTY AT LUCY'S £3.00 CARMEN'S B.B.Q.	LUCY HOUSE	01271 850522	10 TH AUG
SUN 19 TH	COMBINED TRAINING , SPREACOMBE, WALK TROT TEST, PRELIM 10, NOVICE 21, JUMPING IN THE AFTERNOON	SALLY WATTS, RING FOR TIMES 13 TH AUGUST	01271 870102	13 TH AUG
SEPTEMBER				
SUN 16 TH	DRESSAGE SHOW - SCHEDULE ENCLOSED	SARAH WILSON - RING FOR TIMES 14TH SEPTEMBER, BETWEEN 7PM AND 8PM	01271 882553	9 TH SEPT
SAT 22 ND	PLEASURE RIDE AT ARLINGTON	SHARON WARD	01271 883349	15 TH SEPT
29 TH /30 TH	JO BUCK FLATWORK LESSON AT HUCKHAM FARM, ARLINGTON	SUE HILL	01271 850301	22 ND SEPT
OCTOBER				
SUN 14 TH	OPEN DRESSAGE COMPETITION, CALVERT TRUST, WALK TROT 1, PRILIM 13 & 18, NOVICE 21 – CALVERT TRUST WILL ONLY BE AVAILABLE TO USE FOR SHOW IF BUILDING WORKS HAVE BEEN COMPLETED	SCHEDULES FROM SARAH WILSON OVERSTREAM, WEST CHALLACOMBE LANE, COMBE MARTIN, EX34 0DR, PLEASE SEND STAMP, ADDRESSED ENVELOPE	01271 882553	6 TH OCT
MON 29 TH	AGM, BRATTON FLEMING SPORTS CLUB, 8PM	ANY COMMITTEE MEMBER	EVERYONE WELCOME – PLEASE TURN UP	
NOVEMBER				
MON 12 TH	FIRST AID FOR HORSES SEMINAR, £3 FOR MEMBERS	A-J BROWN	01271 882722	
SUN 18 TH	IAN WRIGHT LESSONS, CALVERT TRUST	CARMEN LETHABY	01271 882999	6 TH NOV
24 TH /25 TH	JO BUCK FLATWORK LESSON AT HUCKHAM FARM, ARLINGTON	SUE HILL	01271 850301	
DECEMBER				
SUN 2 ND	XMAS SHOW AT NORTH DEVON EQUESTRIAN CENTRE	MORE DETAILS IN NOVEMBER NEWSLETTER		
JANUARY 2008				
13 TH	LESSONS AT CALVERT TRUST – DRESSAGE AND JUMPING			1 ST JAN
20 TH	LESSONS AT CALVERT TRUST – DRESSAGE AND JUMPING			8 TH JAN
FEBRUARY				
	LESSONS AT CALVERT TRUST – DATES TO BE CONFIRMED			
NOTES	IAN WRIGHT CROSS COUNTRY CLINIC, CUCKOOS NEST £45.00 FOR A 2 ½ HOUR SESSION	SPEAK TO IAN WHO IS HAPPY TO ARRANGE ANY NUMBER AT A TIME TO SUIT YOU!	01271 830568	
	HELEN SISSONS DRESSAGE LESSONS, ANY LEVEL WELCOME, ¾ HR PRIVATE LESSON £25 (£10 DISCOUNT AS NDRC PAY £35) AT NORTH DEVON EQUESTRIAN CENTRE	SARAH JEFFRIES	01271 850864	

NORTH DEVON RIDING CLUB OPEN DRESSAGE COMPETITION

on
SUNDAY SEPTEMBER 16TH 2007
at

ARLINGTON COURT
(By kind permission of the National Trust)

Class 1 Walk Trot 1 North Devon Riding Club edition

Section 1 Open to riders 16 years & under

Section 2 Open Horses not to have won any British Dressage points

Class 2 Walk Trot 2 North Devon Riding Club Edition

Section 1 Open to Riders 16 years & under

Section 2 Open Horses not to have won any British Dressage points

Class 3 Prelim 12

Section 1 Open to riders 16 years & under

Section 2 Open

Class 4 Prelim 13

Open

Class 5 Novice 21

Open

Class 6 Novice 26

Open

Class 7 Elementary 50

Open

ENTRY FEES: £5 - N.D.R.C. MEMBERS £6.50 - NON RC MEMBERS

TIMES AVAILABLE Friday 14th September BETWEEN 7 & 8 pm 01271 882553

ENTRY FORM

CLASS	RIDER	HORSE	FEE

Name
Address
Telephone Number

Please send with correct entry fees to Sarah Wilson Overstream West Challacombe Lane Combe Martin Devon

ENTRIES CLOSE TUESDAY 9TH SEPTEMBER (Late entries accepted at organiser's discretion)

RULES AND CONDITIONS OF ENTRY

NDRC disclaims any responsibility for accidents or loss to any person or animal attending the show, howsoever caused. It shall be a condition of entry that each entrant shall agree to indemnify the NDRC against any legal action arising from any accident and/or occurrence whatsoever. The organisers of the show have taken all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take equal care to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials

- 1 THE COMPETITION TO BE RUN UNDER BRC RULES
- 2 HATS TO SPECIFIED STANDARD AND SUITABLE FOOTWEAR TO BE WORN AT ALL TIMES WHILST MOUNTED
- 3 DOGS WILL BE KEPT ON LEADS AT ALL TIMES
- 4 PEOPLE PARK THEIR CARS AT THEIR OWN RISK
- 5 THE JUDGES DECISION IS FINAL